

October 2005

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
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| 3 | 4 | 5 | 6 | 7 |
| Cheesy Toast & Milk | Muffin & Milk | Bran Muffin & Milk | Blueberry Muffin & Milk | Waffles & Milk |
| Corn Dogs Carrot Coins Bananas Milk | Pizza Quesadilla Broccoli Melon Milk | Chicken Nuggets Tater Tots Mixed Veggies Fruit Cocktail Milk | Pasta Salad Peas & Carrots Pears Milk | Turkey Sandwich Baby Carrots Pretzels Oranges Milk |
| ABC Cookies & Milk | Apples & Grahams | Cheerio Mix & Milk | Cheese 'n' Crackers | Bananas Milk |
| 10 | 11 | 12 | 13 | 14 |
| | Bagels & Milk | Gingerbread & Milk | Blueberry Muffins & Milk | Pancakes & Milk |
| Columbus Day ACCC Closed | Spaghetti Cheese Sticks Garlic Bread Green Beans Applesauce Milk | Tuna Melts Peas & Carrots Peaches Milk | Tomato Soup Cheesy Biscuits Mixed Veggies Bananas Milk | Cheese Sandwiches Carrot Coins Oranges Milk |
| | Pretzels Mix & Juice | Melon & Crackers | Pears & Cheese | Grahams & Milk |
| 17 | 18 | 19 | 20 | 21 |
| Bagels 'n' Cr. Cheese & Milk | Cornbread & Milk | Biscuits & Milk | Cheesy Toast & Milk | Bananas & Milk |
| Buttered Pasta String Cheese Peas & Carrots Pears Milk | Cheese Ravioli Broccoli Peaches Milk | Bean & Cheese Burrito Corn Bananas Milk | Baked Chicken Rice Carrot Coins Oranges Milk | Hoagies Toms & Pickles Baby Carrots Apples Milk |
| Animal Cookies & Milk | Apples & Cheese | Oranges & Crackers | Grahams & Juice | Bananas & Milk |
| 24 | 25 | 26 | 27 | 28 |
| Bran Muffin & Milk | Cheesy Bagels & Milk | Oranges & Crackers | Muffins & Milk | Waffles & Milk |
| Fish Fillet Rice Green Beans Bananas Milk | Mini Cheese Pizza Peas 'n' Carrots Apples Milk | Mac & Cheese Broccoli Oranges Milk | Teriyaki Chicken Rice Corn Pineapple Milk | Jelly Sandwich Cheese Sticks Carrots Bananas Milk |
| Crackers 'n' Cheese & Juice | Oranges & Grahams | Goldfish & Juice | Pears & Cheese | Cookies & Milk |

Serving Sizes:

Meat/Fish/Poultry
Noodles/Rice/etc.

1/2 to 1 ounce Fruit/Vegetable 1/2 Cup
1/4 Cup

Milk/Juice/Water 3/4 cup